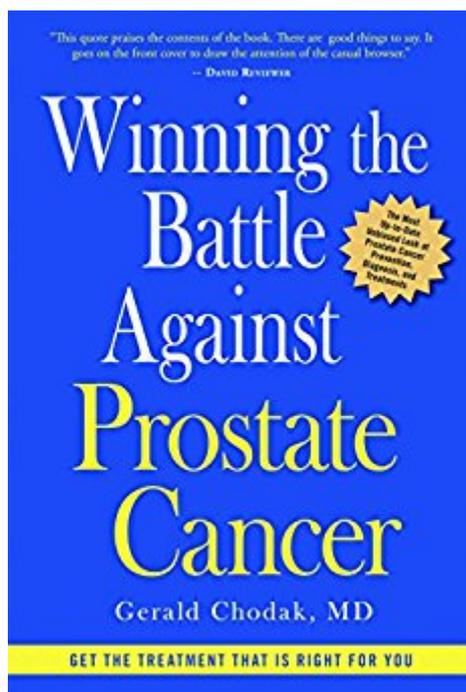


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# Winning The Battle Against Prostate Cancer: Get The Treatment That's Right For You



## Synopsis

Prostate cancer is the second most common cancer in men with almost 200,000 new cases being diagnosed each year. Today increasing numbers of men and their families play a more active role in their treatment and the results can be seen in the increase of men who survive prostate cancer. Yet each year over 27,000 men die from prostate cancer. This makes prostate cancer the second leading cause of cancer death in men behind lung cancer. The range of controversial therapies and treatments for prostate cancer is greater than that of any other cancer affecting men. This makes it difficult for men and their families to determine what are the best options available. Rarely do doctors agree on which treatment a patient should receive or when they should receive it. And many of the current books on prostate cancer suffer from considerable bias promoting one treatment over another without good scientific evidence. *Winning the Battle Against Prostate Cancer* resolves the problem of contradictory and incomplete information. The book is an unbiased and up-to-date look at prostate cancer treatments and therapies. Dr. Chodak lays out the pros and cons of all reasonable treatment options including the chances that a man may have a good result or develop side effects or complications. Equally important Dr. Chodak recognizes that men and their families need more than just the facts. They are concerned not only with their survival but also what life will be like after treatment. *Winning the Battle Against Prostate Cancer* offers empathetic insight into the impact of the disease on day-to-day activities so that patients and family members have a clear understanding of what lies ahead and what options are available should complications arise. The book does not gloss over the controversies but presents them in a clear, concise, easy-to-understand manner.

## Book Information

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## Customer Reviews

If you or a man you know has been diagnosed with prostate cancer, this is one resource you should definitely own. Dr. Gerald Chodak, the author, is an expert in the disease who founded the Midwest Prostate and Urology Health Center in 1999 in, I believe, Chicago. The book is published this year so you know this is up-to-date information. I don't know of any cancer that has so many tough choices involved in selecting treatment (or not) and this book answers all of your questions in easy-to-read format without medical jargon or confusion. There is a glossary in the back and an index. In addition, the table of contents not only tells you the name of each chapter, but also in bullet points what is included in that chapter. Because prostate cancer can develop quite slowly, sometimes the best course is to do nothing but watch the PSA (prostate specific antigen) level which can be followed with a simple blood test. That is your indicator of how slowly or quickly the cancer is growing. If you decide to proceed with a treatment, and remember it is your choice, this book explains every detail of every treatment. You know how it is done, what to expect, and possible outcomes. You have everything at your disposal to help you make the best decision for you. The downside of this decision process is that very few controlled studies have been done on the different choices, and Dr. Chodak writes that such studies are necessary for physicians and patients both. The problem is that few men are willing to take part in studies. In his book, the doctor is clearly in favor of radical prostatectomy (complete removal of the prostate) for most men.

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